

CONTRACEPTIVE POCKET GUIDE

Pocket reference for clinicians

CONTRACEPTIVE METHOD	WHEN METHOD CAN BE OFFERED	NOTES
Condoms	At first visit	Can be used as an interim method: for women who cannot decide about a contraceptive, or who cannot be offered their method of choice immediately after treatment of incomplete abortion.
Injectables	At first visit	Can be used even if infection is present.
Oral contraceptives	At first visit	Can be used even if infection is present.
Intrauterine devices	At follow-up visit	Make sure that treatment is successful; should not be used in the presence of active infection. Provide condoms or other temporary methods until the follow-up visit.

Implants	At first visit	Can be used even if infection is present.
Sterilization	At follow-up visit	Provide condoms or other temporary methods until the follow-up visit.
Diaphragm	At first visit	Consider refitting, depending on gestational age.
Contraceptive jellies, foams, tablets or films	At first visit	Can be used even if infection is present.
Skin patches	At first visit	Can be used even if infection is present.
Vaginal ring	At first visit	Can be used even if infection is present.
Emergency contraceptive pills	Anytime	Provide emergency contraceptive pills in advance as a back-up method.