



**COURSE
CATALOG**



IpasUniversity offers free, online, on-demand courses for reproductive health professionals, with a focus on safe abortion care and postabortion care. Register today at www.ipasu.org.

Ipas works globally to increase women's ability to exercise their sexual and reproductive rights and to reduce abortion-related deaths and injuries. We seek to expand the availability, quality and sustainability of abortion and related reproductive health services, as well as to improve the enabling environment. Ipas believes no woman should have to risk her life or health because she lacks safe reproductive health choices.

The following courses are also available in Spanish:

Introduction to uterine evacuation with medicines

Ipas MVA Plus®: Facts and features

First-trimester abortion with mifepristone and misoprostol

First-trimester abortion with misoprostol

Abortion care for young women

Postabortion contraception

To access our free online courses, go to www.ipasu.org and register.

Upon completing each course, you will be eligible to obtain a printable certificate.

For more information on IpasUniversity or training, email ipasu@ipas.org

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WomanCare Global is the exclusive worldwide distributor of Ipas products.

Manual vacuum aspiration

Ipas MVA Plus®: Facts and features (with video)

A general introduction for health-care workers, including clinicians and non-clinicians, this course describes the Ipas MVA Plus aspirator and Ipas EasyGrip® cannulae and their use for uterine evacuation. You will learn to identify the intended use and precautions of Ipas MVA instruments; identify all parts of the Ipas MVA Plus aspirator and Ipas EasyGrip cannulae and their purposes; demonstrate an understanding of how to assemble, prepare and disassemble the instrument; identify the indications that vacuum has not been established; and identify key characteristics indicating that the instruments should be discarded.

Uterine evacuation with the Ipas MVA Plus

This course is designed for clinicians (in-service and pre-service), distributors of WomanCare Global products and their sales staff and programmatic staff. It provides step-by-step and interactive instructions for performing uterine evacuation with MVA, including pain management and strategies for addressing technical problems that may arise during the procedure.

Processing Ipas MVA instruments

A general introduction for health-care workers, including clinicians and non-clinicians, this course describes how to process the Ipas MVA Plus aspirator and Ipas EasyGrip cannulae, including processing techniques which help protect against the microorganisms that can be transmitted by contaminated MVA instruments and cause post-procedure infections. You will learn to identify the four steps of instrument processing; common methods for sterilization or high-level disinfection of the Ipas instruments; infection prevention steps for processing; the WHO standard precautions; and storage requirements for the Ipas MVA instruments.



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Medical abortion

First-trimester abortion with mifepristone and misoprostol

This course is designed as a general introduction for health-care workers, including clinicians and non-clinicians, interested in learning more about first-trimester abortion with mifepristone and misoprostol. You will learn how mifepristone and misoprostol work to cause an abortion in the first trimester; when first-trimester abortion with mifepristone and misoprostol is an appropriate option; and how to identify appropriate protocol for a first-trimester mifepristone/misoprostol regimen, including follow-up care.

First-trimester abortion with misoprostol only

This course is a general introduction for health-care workers, including clinicians and non-clinicians, to learn more about first-trimester abortion with misoprostol only. It includes information about first-trimester abortion with misoprostol as an appropriate option for women; the relative effectiveness of a misoprostol-only regimen versus combined mifepristone/misoprostol for first-trimester abortion; and identifying appropriate candidates for medical abortion with misoprostol for first-trimester abortion.

Introduction to uterine evacuation with medicines

This course is a general introduction for health-care workers, including clinicians and non-clinicians, about pharmacological approaches to uterine evacuation for both pregnancy termination and postabortion care. You will learn to explain why the use of medications to empty the uterus is safe and effective; describe ways that medical abortion can transform factors impacting abortion; identify the most commonly used drugs for medical abortion in the first trimester; and identify whether the key medical abortion drugs are available in your home country.

Managing fever and pain after abortion

This course is for clinicians with training in the general recognition and management of complications after uterine evacuation with manual vacuum aspiration (MVA) or medicines. You will learn to describe normal ranges of fever and/or pain after abortion; identify symptoms that warrant medical attention; and select appropriate management of care for women experiencing fever and/or pain after abortion.

Misoprostol for postabortion care (MPAC)

This course is designed as a general introduction for health-care workers, including clinicians and non-clinicians, interested in learning more about using misoprostol for postabortion care (PAC). You will learn why misoprostol is an important component of PAC services; learn about the components (including clinical care steps, necessary supplies and trainings) for using misoprostol to treat incomplete abortion; and will be able to describe the key elements needed to integrate misoprostol into existing PAC services.

Postabortion contraception

This course focuses on postabortion contraception needs and contexts, as well as contraceptive counseling, the provision of contraceptive methods postabortion, and the benefits of postabortion contraception. It also dispels common myths regarding postabortion contraception.

What women need to know to successfully use medical abortion pills

This course is designed to help health-care workers, including pharmacists, understand what women need to know about using medicines for abortion. You will learn how health-care workers can communicate most effectively so that women can successfully end a pregnancy with medicines. It includes information about why women must fully understand the medical abortion process before beginning it; how to identify communication skills that promote empathy and explain medical abortion in plain terms; and how to identify health-worker values and attitudes that help or hinder the woman's experience with medical abortion.



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Supply

Managing facility supply of medicines for abortion-related care

This course is designed to accompany the Ipas Medical Abortion (MA) Supply Guidance tool. It is meant for professionals involved in health-care service delivery and also for operational staff with responsibilities related to the availability and management of mifepristone and/or misoprostol. This course is designed for those in either a misoprostol for PAC setting or in a setting where comprehensive abortion services are available.

Reproductive health supply management and sustainability

This course is a primer in the basics of supply chain management and sustainability, in a reproductive-health context. It is designed for professionals directly involved in health-care service delivery and operational staff with responsibilities related to the availability/management of reproductive-health medicines and instruments. You will learn how to: Identify the basic functions of the supply management cycle and understand the relationships between these basic functions; define sustainable supply from an Ipas perspective; identify and describe 11 Key Performance Indicators which measure the sustainability of public-health supply chains on a commodity-specific basis.

Stocking facilities with MVA

This course is designed for clinicians (in service and pre-service) and health workers, distributors of Ipas products and their sales staff, programmatic staff and strategic planning staff. It will help you calculate how best to stock your clinical facility with MVA, from initial supply to resupply. It includes information about forecasting supply and calculating MVA needs for your facility or program.



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Young Women

Abortion care for young women

This course is designed for health professionals, advocates and health-care workers who seek to learn the fundamentals of providing safe abortion care service to young women. The content provides a basic overview and includes links to appropriate resources. In this course you will learn about partnerships and participation between young people and adults in abortion care; rights and capability of young people; barriers and access to care; counseling; and contraceptive services.

Advocacy

Legal and policy barriers to abortion

This course is designed for advocates, lawyers, policy makers and health professionals who contribute to laws and policies on abortion, including Standards and Guidelines. After completing this course you will be able to define what constitutes a legal, policy or administrative barrier to abortion access and identify such barriers. You will also be able to identify human rights arguments regarding these barriers.



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