Abortion pills in first 12 weeks since last period
MIFEPRISTONE AND MISOPROSTOL IN THE CHEEK

Can I use these pills?
If you are less than 12 weeks pregnant, you can use this method. If you are more than 10 weeks pregnant, it may be safer for you to take the misoprostol pills at a health facility. If your period was more than 12 weeks ago, this method might not work for you.

How do I take the pills?

**STEP 1: Mifepristone**
Swallow the first pill (mifepristone) with water.

**STEP 2: Wait**
Wait 1–2 days.

**STEP 3: Misoprostol**
Place 2 pills (misoprostol) between your cheek and lower gum on each side of your mouth (4 pills total) and keep them there until they dissolve. After 30 minutes, swallow whatever is left with water.

If you are 10–12 weeks pregnant, you may need to take 1 or 2 extra doses of misoprostol to finish the process. To reduce pain and cramping, take ibuprofen before or just after you take the 4 pills of misoprostol.

What will happen when I take the pills?
Sometimes bleeding occurs after the first pill (mifepristone). The next pills you take (misoprostol) should cause bleeding and cramping, and you may see clots. Your bleeding may be more than your normal period. Every woman will experience bleeding and cramping differently.

You may have side effects on the day you take the 4 pills
When side effects occur, most go away in a few hours. If any side effects last longer than a day, go to your nearest health worker.
How do I know the pills worked?
If you experienced bleeding and cramping and you no longer feel pregnant, the medicine has probably worked.

If you experience no bleeding or have little bleeding within 4-5 days after taking the 4 pills, it may mean the medicines did not work and you are still pregnant. This happens to about 5 out of 100 women. To be certain, go to your nearest health worker for more help.

When can I have sex again?
You can have sex as soon as you like.

When can I get pregnant again?
You can become pregnant again as soon as 8 days after the abortion.

How can I NOT get pregnant?
If you do not want to get pregnant, use contraception. Talk to a health worker about contraception. You can start most methods at the same time you take the abortion pills.

Call this phone number if you have questions: ____________________________

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