

Contraception Activity

Participant Handout

Case 1

A 17-year-old woman underwent an uncomplicated second-trimester abortion and is ready to go home. She is healthy with no medical problems. The woman says that she does not want to get pregnant again anytime soon and would like to talk more about contraceptive options. She says that she does not want anyone, even her boyfriend, to know that she is using a contraceptive method.

Case 2

A 28-year-old woman returns to the clinic for a two week postabortion follow-up visit. She did not start a method immediately after her abortion because she wanted to talk with her husband. She has had two vaginal deliveries and one previous abortion in the past. Her children are all alive and well. The youngest is 4 years old. She says that she does not want another baby because her husband is working six hours away in the city and only comes home for weekends once or twice a month.

Case 3

A 20-year-old woman who has one living child just completed an uncomplicated second-trimester abortion and says that she does not want to be pregnant for a few years. The woman reports that she suffers from chronic anemia. When asked how she is feeling after the abortion, she just shrugs her shoulders, looks at the floor and says she feels ashamed.

Case 4

A 40-year-old woman had a second-trimester abortion one month ago but left without a method of contraception. The woman has four living children. She says that she and her husband do not want any more children. She has come to the hospital with her sister, but her husband is coming to check on her later. She heard that female sterilization can be done at this hospital and that is why she has come here.

Case 5

A 15-year-old woman who is not married has had an uncomplicated abortion at 17 weeks and is waiting to be discharged. She says that she and her boyfriend do not trust "modern" contraceptive methods.

Case 6

A married 36-year-old woman had a second-trimester abortion due to a fetal anomaly. She says that she wants to have one more child but she wants to wait at least one year. She smokes and has high blood pressure. She is not interested in an IUD because it might get lost inside her body.

Case 7

A 32-year-old woman with three children who has had two abortions. You are concerned that she may have post-abortion endometritis (uterine infection). After her first abortion, she did not want any information on contraception because she had been using natural family planning successfully for years. She and her husband believe that contraceptives cause cancer.

Case 8

A 28-year-old woman with 2 children recently underwent an abortion at 16 weeks. She suffers from anemia. She does not want any more pregnancies soon but may want to have one more child someday.

Training Curriculum – Medical abortion at or after 13 weeks gestation ('second trimester')

She underwent contraceptive counseling but declined a method as her husband works away from home and only comes home rarely. She worries that her husband will think she is using birth control because she is “cheating”.