

## IUD removal skills checklist

Name of provider assessed \_\_\_\_\_

Name of person who performed this assessment \_\_\_\_\_ Date \_\_\_\_\_

This is a checklist for the essential skills for IUD removal. It can be used to evaluate the participant's competence for training certification. The trainer evaluates the competence of each participant based on direct observation of the participant's provision of the skills outlined below.

Certification in IUD removal requires demonstrating competency on all items. If a participant does not demonstrate competency or cannot be observed, recommendations should be made as to how performance might be improved to achieve competency.

Instructions for observation: Introduce yourself to the woman and explain why you are there. Quietly observe and evaluate the skill session. Do not give feedback to the provider while in the room with the woman. Check "yes" or "no" as to whether the provider demonstrated each skill during the session and write comments. After completing the form, discuss the results in private with the participant.

REMOVAL			
Skills expectations	YES	NO	Comments
<b>Conducts pre-removal counseling (see Counseling Skills Checklist)</b>	YES	NO	
a) Reviews the woman's present reproductive goals and asks if she wants another IUD or other form of contraception.			
b) Describes the removal procedure and what to expect.			
<b>Removes the IUD</b>	YES	NO	
a) Checks to be sure that all removal equipment is present, in good condition, and has been properly sterilized or HLD.			
b) Asks the woman to empty her bladder. Positions her in lithotomy position.			
c) Washes hands and puts on gloves.			
d) Gently inserts the HLD or sterile speculum to visualize the IUD strings.			
e) Grasps the IUD strings close to the cervix with an HLD or sterile hemostat or ring forceps and pulls slowly and gently until the IUD comes completely out of the cervix.			
f) Shows the IUD to the woman.			
g) Properly disposes of the IUD.			
h) If the woman is having a new IUD inserted, inserts it now if appropriate.			
i) Removes the speculum and places reusable instruments into a 0.5% chlorine solution.			

Recommendations: